

Cardiac Rehab Podcast: "It's Cardiac Rehab" - A podcast series bringing together experts in cardiac rehab and patients who have attended cardiac rehabilitation. Topics included are exercise, medication, healthy eating and the psychological impact of living with heart disease. If you have had a cardiovascular event such as a heart attack, coronary artery stenting or coronary artery bypass surgery - log onto <https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/> for information and support.

Thought for the week

Pastor of the Week.

Prayer given in Kansas at the opening session of their Senate.

When Minister Joe Wright was asked to open the new session of the Kansas Senate, everyone was expecting the usual generalities, but this is what they heard: "Heavenly Father, we come before you today to ask Your forgiveness and to seek Your direction and guidance. We know Your Word says, 'Woe to those who call evil good,' but that is exactly what we have done. We have lost our Spiritual Equilibrium and reversed our values. We have exploited the poor and called it the Lottery. We have rewarded laziness and called it Welfare. We have killed our unborn and called it Choice. We have shot abortionists and called it Justifiable. We have neglected to discipline our children and called it building Self-esteem. We have abused power and called it Politics. We have coveted our neighbour's possessions and called it Ambition. We have polluted the air with profanity and pornography and called it Freedom of Expression. We have ridiculed the time-honoured values of our forefathers and called it Enlightenment. Search us, oh, God, and know our hearts today; cleanse us from every sin and set us free. Amen!"

Have a Wonderful Week

PARISH NEWSLETTER



7th. August Nineteenth Sunday in Ordinary Time

The Parish Office will be open on Tuesday and Friday from 9.30 - 1.30.

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Three against two and two against three

Sadly, many people are no strangers to family feuds. In past generations, things like land and inheritance were major causes of family disagreements, causing parents to fall out with sons or daughters, or siblings to stop speaking for years. We may have heard other stories from our own families - secrets that were not talked about, relatives who were shunned for 'shaming' the family. These attitudes are dying away, and that is good. We are less concerned with keeping up appearances, and more focused on ensuring children feel loved and supported. Yet, there will always be conflicts in family life. Differences of opinion can arise over beliefs or choices, sometimes causing immense hurt on both sides. Often these disagreements are between generations. Parents who have raised their children in the faith can feel hurt when a son or daughter drifts away, or decides not to pass on the faith to their own children. Grandparents often carry this burden too. Some conflict is unavoidable as we navigate these situations, but we have a choice - do we allow anger and hurt to shape our interactions with loved ones, or do we listen with respect and try to understand and find common ground? Perhaps these inevitable conflicts are what Jesus refers to in today's Gospel - father divided against son, mother against daughter. It's a surprising statement given his usual focus on peace. But then, following Jesus is not a smooth path. Peace can be hard-won, particularly in families where there are so many different personalities and opinions. Let us pray for wisdom and patience to navigate the tougher times.

Christian Motivational Phrases

"The spirituality of family love is made up of thousands of small but real gestures. In the variety of gifts and encounters which deepen communion, God has his dwelling place. Pope Francis.

ANNIVERSARIES - WITH LOVE WE REMEMBER



Saturday 13th. Ballyconnell 7.30

Mary & Patrick Rooney & Statia Nolan, Rath

Sunday 14th. Kilquiggan 9.00

Sean Tallon, Seskin. His Parents and brother

Saturday 20th. Ballyconnell 7.30

Christy Nolan, Rath Cross, Tullow

Mass Schedule



Monday 15th. The Assumption of Our Lady into heaven – Holiday of obligation: Mass in the Old Church Clonmore at 7.30.

Tuesday 16th. Mass at 9.30; Wednesday 17th. Mass at 9.30 Mass at 9.30; Friday 19th. Ballyconnell at 7.30.

Collections: Weekends: 30/31 July and 6/7 August

Envelopes: €798.50 Baskets: €566.50 Envelopes returned:130

Bingo: €1015 Lotto: €150

Ballyconnell Bingo

There will be bingo Sunday 14th. August @ 5.00 PM. Please spread the word; and thanks for your support

Coolkenno GAA Lotto

Last week's numbers: 5, 9, 16, 26 No Winner.

Next week's jackpot €6,300. Next Draw: Monday 15th. August in Clubhouse

Lucky Dip Winners: Noelle Conlon; Cormac Byrne; Teresa Doyle; Eamon Healy.

HERITAGE WEEK 2022

Exploring the Angelic Graveyard: Relics, Rivalry and Ecclesiastical power in early medieval Clonmore. Tuesday August 16th. 2022, 3.00 pm Free.

Join early medieval archaeologist, Dr. Kate Colbert of NUI Galway, on a guided tour of Clonmore's 's St. Mogue's Graveyard and discover the untold history of this nationally important yet hitherto little-known ecclesiastical site. Learn of its rise to socio political prominence, its alliances and rivalries, unusual cult of relics, and its ultimate decline. Dr. Colbert will be joined by Clonmore's Eddie McDonald to enlighten us on the folklore associated with the graveyard. The monastery was founded by St. Mogue around 600 and it flourished from the 7th. to the 11th centuries. No traces of the monastic building remain but has a fascinating collection of medieval stone crosses and slabs. This is an outdoor event, please dress appropriately for the weather. Owing to the historic nature of the site there is no wheelchair access.

PARISH LOTTO: Kildare & Leighlin Co-Op Lotto Results for

Wednesday 3rd. August 2022 Numbers 8, 11, 16, 30 - No Winner -

Next week's jackpot €17,000 - 16 Match 3's - €63 each.

Clonmore Cancer medical Trust: Annual Crab Lane walk: 26th. - 28th

August. All cards to be returned by 31st. August to be entered in a draw for two Garth Brooks Concert tickets in September. Tickets can be returned to Dominic, Janet, John Byrne Crab Lane or Seamus Doyle Clonmore.

SYNOD NEWS: The Irish Synod synthesis will be forwarded

to Rome on Monday 15th August, the Feast of the Assumption. On Tuesday 16th August, during the Knock Novena, Dr Nicola Brady (Chair of the Steering Committee of the Irish Synodal Pathway) will launch the national synthesis at the 3.00pm Mass, which will be celebrated by Bishop Michael Ruter.

We look forward to sharing the synthesis on the Kildare and Leighlin website and other platforms.