Coolkenno GAA Lotto

Last week's numbers: 5,9,14,25 No Winner.

Next week's jackpot €7,700. Next Draw: Monday in Club House Lucky Dip Winner: Pauric Murray, Tara Cushe, Helen Rossiter, Margaret Dalton

Thought for the week

A message for the Bereaved

You never really get over the loss of your loved one. They live forever in your broken heart. Grief is something that walks beside you every day and every night. Grief comes in waves, when you are driving alone in your car, while you're doing the dishes, while you're getting ready for work - all of a sudden it hits you - your breath catches, tears flow and the sadness can be so great that it is physically painful. You can feel alone. Grief doesn't end because love doesn't end, and the relationship doesn't end. Grief is not a sign of weakness, nor a lack of faith. When all is said and done, it is the price of love. Where there is deep grief there is deep love.

Grief is one of the strongest emotions we experience and it is healthy to express it and not hide it. What you are feeling is in fact good, strange as it may seem. Take all the time you need. Learn to live with it. It can be exhausting. Face it; work through it. It is okay to be hurting. Don't try to be strong and put up a brave front.

Express it. Cry and cry and cry; talk, talk and talk. Grief heals; tears strengthen. Be proud of your grief. Grief is love.

Terence Harrington OFM. Cap

Have a Wonderful Week

PARISH NEWSLETTER



13th. November Thirty Third Sunday in Ordinary Time

The Parish Office will be open on Tuesday and Friday from 9.30 - 1.30. Tel:059-9156890

 $\textbf{Email:} \ \underline{\textbf{clonmoreoffice.parish@gmail.com}}$

Fr. John: 086-2403787. Email: frjohn51@gmail.com

World Day of the Poor 'Endurance'

We are reading the final chapters of Luke's Gospel for Year C. Jesus is in Jerusalem and the passages we hear are talking about end times. The people gathered are obviously excited, having seen how magnificent the Temple is, but the time for excitement might not be just yet. Jesus reminds them, and us, that these things are short-lived and we should not be too bothered about 'fine stonework' and 'votive offerings.' These things do not last. At some point, we have all seen and heard someone shouting on the street or on the internet about the end of the world. You'd be forgiven for thinking that today's Gospel is trying to achieve the same thing. Jesus tries to comfort the people regarding various crisis that will happen; the call is to take perspective, to look at the bigger picture. Endurance is the message of today's gospel. The people of Jerusalem will witness the destruction of the Temple, the disciples will face persecution, people of faith will have tough times ahead. Whatever crisis may come, Jesus is asking people to keep going, to stay focused and not be afraid. 'Lord, when we are young, we think that we become great through our achievements. Life has taught us the truth of Jesus' words: it is by endurance that we win our lives.'

Michel de Verteuil

Christian Motivational Phrases

"May today there be within. May you trust God that you are exactly where you are meant to be. May you not forget the infinite possibilities that are born of faith. May you use those gifts that you have received, and pass on the love that has been given to you. May you be content knowing, you are a child of God. Let this presence settle into your bones and allow you soul the freedom to sing, dance praise and love. It is there for each and every one of us".

Teresa of Avila.

ANNIVERSARIES - WITH LOVE WE REMEMBER



Sunday 13th. November Kilquiggan 9.00 Myles Keogh, Killinure; Patrick & Anastasia Keogh. Sunday 13th. November Clonmore 10.30 Eimear McDonald, Oldtown, First Anniversary Mark Joyce

Saturday 19th. Nov. , Ballyconnell 7.30 Mai Coleman, First Anniversary Bridget Tierney, Ballyconnell and Elizabeth Tierney Patrick & Margaret Hennessy, Raheen.

<u>Collections:</u> Weekends: 5/6 November Envelopes: €670 Baskets: €755 Envelopes returned: 111 Bingo: - € 793.75 Lotto: €35

A sincere thank you also to all those who support us online by direct debits, and on Diocesan website.

PARISH LOTTO: Kildare & Leighlin Co-Op Lotto

Results for Wednesday 9th. November -5,12,15,29 Winner -Trish McDermott

Next week's jackpot €10,000 - Match 3's - €67 each.

Mary's Meals - New Support Group

Mary's Meals is a simple solution to world hunger. A global hunger crisis looms - those living in outright famine have increased 500% since 2016. Mary's Meals are hoping to start a new support group in YOUR area - to get involved or for more information, please check out www.marysmeals.ie or contact Angela Moore at 089-4339592 or angela.moore@marysmeals.org

Pledge for November

Many people offer spiritual support to a relation who is struggling because of alcohol or an addiction problem. Parishioners who wish to take a short-term Pioneer pledge during the month of the Holy Souls are invited to visit www.pioneers.ie/pray

NOVEMBER LIST OF THE DEAD - ALTAR LIST OF THE DEAD.

There was due to be an envelope with the list for our November list of the dead. Our supplier just added the list and not an envelope. There are envelopes in the back of the churches for our November list of the dead. Please note those you would like to be remembered in these masses on the list and place the list and your donation in the envelope. Thank you.