

THOUGHT FOR THE WEEK

LENTEN FAST

1. Fast from judging others - discover Christ in them.
2. Fast from hurtful words, always use encouraging words.
3. Fast from moaning always be grateful.
4. Fast from losing your temper always be patient.
5. Fast from pessimism, fill yourself with Christian hope.



6. Fast from complaining, and feast on appreciation
7. Fast from bitterness and feast on forgiveness.
8. Fast from idle gossip and feast on purposeful silence.
9. Fast from worrying, be confident in God.
10. Fast from discontent and feast on gratitude.
11. Fast from anger and feast on optimism
12. Fast from facts that depress and feast on verities that uplift.
13. Fast from complaining always rejoice at the marvels of life.
14. Fast from bitterness, always be forgiving.
15. Fast from giving importance to yourself, be compassionate with everyone.
16. Fast from discouragement, always be enthusiastic.
17. Fast from worldly thoughts; build your life on the truths of holiness.
18. Fast from everything that separates you from Christ.
19. Fill yourself with everything that brings you closer to him.

HAVE A WONDERFUL WEEK

PARISH NEWSLETTER



26th. February 2023

First Sunday of Lent

The Parish Office will be open on Tuesday and

Friday from 9.30 - 1.30. [Tel:059-9156890](tel:059-9156890)

Email: clonmoreoffice.parish@gmail.com

Fr. John: 086-2403787. Email: frjohn51@gmail.com

Into the Wilderness

Lent is a great season where we are called to fasting, almsgiving and prayer. While our motivations may vary from weight loss to genuine spiritual journeying, this is a season where we take time to stop and take stock of our lives. What's there? What's there that shouldn't be there? Are there things in my life that I need to change, to move around, to let go of? Are there obstacles in the way of my relationship with Jesus and with the world around me? Given the extent of the climate crisis that the world now finds itself in, and Ireland's dismal record on climate action, Lent would be an excellent time for each of us to examine our relationship with the earth in the hope that we might recognise the interconnectedness of all things. We might fast from our cars when we can, or look at how much food, clothes and energy we consume. How are our recycling habits? You might pledge to read Laudato Si, Pope Francis' encyclical on the environment, during Lent, and perhaps to ask a few friends to join you. Whatever you decide to do, embrace this very special time. In the Gospel we are given encouragement as we read that Jesus is being led by the Spirit into the wilderness. The wilderness is not a place to be feared: it can be a place of transformation; a place where God is ultimately in control. We might encounter our demons and temptations there, but that is part of the journey. As with all things, we will get out of Lent what we put in. The more we put in, the greater the celebration on Easter Sunday morning

Christian Motivational Phrases

"I want to live a peaceful, happy and simple life, which is free from worry and stress. Enjoying the little things. Smiling every day. I don't need to own a lot of "stuff". I just want to be happy".

ANNIVERSARIES - WITH LOVE WE REMEMBER



Saturday 25th. Ballyconnell 7.30

James, Bridget & Jerry McCarthy,
Haroldstown

Sunday 26th. Kilquiggan 9.00

Lilian & Sean Ryan, Millbank, Shillelagh,
Kathleen & Michael Byrne, Aghowle Upper.
James & Nora Clare, Ballynultagh

Sunday 5th. March - Clonmore 10.30

Marie Nolan Rath, and her sister
Sinead Doyle, School Rd. Clonmore.

Mass Schedule

Tuesday 28th. Mass at 9.30; Wednesday 29th. Mass at 9.30; Friday 24th. Mass at 7.30. in Oratory in Killinure.

Friday 3rd. March: First Friday; Fr. John will attend the sick and housebound.

Collections: Weekend: February, 18/19

Envelopes: €398 Baskets: €252 - Bingo: €420. Lotto €115.
Envelopes returned: 76

Bingo in Ballyconnell hall on Sunday @ 8 PM. The jackpot this week is €675 if you check on 50 numbers.

PARISH LOTTO: Kildare & Leighlin Co-Op

Lotto

Results for Wednesday 22nd. February: 1, 8, 9, 23 - One Winner -
Next week's jackpot €10,000 - 19 Match 3's - €53 each

Coolkenno GAA Lotto

Last week's numbers: 4, 10, 13, 21 No Winner. Next week's jackpot €8,900. Next Draw: Monday 13th. Feb. in Club House. Lucky Dip Winner: Ben O'Toole; Niall Deegan; Brian Plunkett; Mairead Phelan

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Dates for your diary: Parish Finance committee meeting on Monday 6<sup>th</sup>. March @ 8.00 in Parochial House, Killinure.

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Parish Pastoral Council Meeting: on Friday 24th. March in Ballyconnell Church after 7.30 pm Mass.
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## PILGRIMAGE TO MEDJUGORJE

I am hoping to organise a pilgrimage to Medjugorje in September. Medjugorje is a small town in Herzegovina is a place where heaven meets earth and wondrous miracles happen through the intercession of the Mother of God. Before we organise it, I will need to see if we have enough people interested in the pilgrimage. Some Details: Date: 13 – 20 September; accompanied by a guide; full religious programme; daily mass and spiritual activities. Daily breakfast and evening meal; Free Wi-Fi. Accommodation in pilgrimage houses close to St. James Church. Cost €790. Please let me know if you are interested so that we can organise the pilgrimage.

### "Pro Life Carlow/Kilkenny info meeting,

entitled, 'Protecting the vulnerable from the threat of legalised Euthanasia'. Wednesday 1<sup>st</sup> March at the Cathedral Parish Centre, College street, Carlow, R93 XV10 at 7:30pm in the Bishop Ryan Conference room. All welcome!